

# It Fits!



## How will you use your \$400?

The City of Worcester Advantage, in partnership with Fallon Health, is proud to provide the It Fits! reimbursement program, which offers \$400 per family contract and \$200 per individual contract! With The City of Worcester Advantage and Fallon, you get paid for taking part in healthy activities.

## You choose

Whether you love the gym, prefer the slopes, or play Little League, we want to give you money to use toward a variety of different activities.

## Use your money toward:

- **New!** Streaming fitness programs
- **New!** Peloton subscriptions
- Ski mountain lift tickets and season passes
- Local school and town sports programs
- Gym memberships—at the gym of your choice
- Pilates
- Yoga
- Aerobics classes
- Weight Watchers® and Jenny Craig®
- Karate
- Sports camps
- Ski lessons
- Swim lessons
- Dance lessons
- Kickboxing
- Baseball
- Race fees including virtual races
- Cheerleading
- Gymnastics
- Football
- Hockey
- Soccer
- Lacrosse
- Volleyball
- And more!

## Use your It Fits! dollars toward any brand of new cardiovascular home fitness equipment!

### Eligible equipment includes:

- Treadmills
- Bike stands (to convert road bikes to stationary cycles)
- Stair climbing machines
- Rowing machines
- Air walkers
- Elliptical machines
- Home gyms
- Total body weight resistance machines
- Stationary cycles
- Cross-country ski machines

Cardiovascular home fitness equipment must be new and purchased within the benefit year at a retail store or at Amazon—receipt and proof of payment required. Excludes secondary markets such as Craigslist and eBay.

How do you get paid? Simple. Complete the form on the back of this flyer and supply any necessary documentation, such as a health club contract or a copy of a registration form for a school/town activity.

For your convenience, we accept multiple receipts and requests on one form. Be reimbursed all at once!

If you have any questions about the program, give us a call at 1-855-216-5924 (TRS 711).

# It Fits! Reimbursement Form

Subscribers are eligible for their reimbursement amount during their benefit year.\* A benefit year for City of Worcester Advantage members is a fiscal year: July 1 through June 30. You may request \$400 per family contract and \$200 per individual contract. Requests must be made no later than September 30 of the following benefit year in order to receive reimbursement. For more information about other fitness discounts, visit [WorcesterAdvantagePlan.org](http://WorcesterAdvantagePlan.org).

## Two ways to get reimbursed:

### 1. Mail completed form to:

Fallon Health  
Claims Department  
P.O. Box 211308  
Eagan, MN 55121-2908

### 2. Email completed form to:

[reimbursements@fallonhealth.org](mailto:reimbursements@fallonhealth.org)

## Subscriber information

(Note: The subscriber is the primary health insurance policyholder, not necessarily the person requesting reimbursement.)

Subscriber's last name	First name	Middle initial	
Address	City	State	ZIP
Subscriber's ID # (located on the front of your card)	( )	Telephone number	

## Activity/item for reimbursement\*\*

Type of activity/item	Program/gym name/retailer	Benefit year	Amount requested

## Information needed for reimbursement

- ✓ This completed form.
- ✓ A copy of any/all applicable health club contracts, personal fitness trainer agreements or a copy of the registration form for a school/town activity. These must show the beginning and ending dates of membership activity and the names of enrolled members.
- ✓ Dated original receipts or copies of bank/credit statements showing the charge for membership, classes or equipment (original receipts will not be returned). These should reflect the dollar amount you are requesting. The City of Worcester Advantage and Fallon will only reimburse for the amount reflected on these receipts/statements. When paying by check, please send a copy of the front and back of the cancelled check.

Also, a brochure from the health club, facility, or program may be requested.

## Certification and authorization (This form must be signed and dated below by the subscriber.)

Reimbursement is subject to approval by The City of Worcester Advantage and Fallon Health. (This incentive payment may be considered taxable income. Please consult your tax advisor if you have questions.) Please allow 4 - 6 weeks from receipt for reimbursements. Reimbursement check should be made out to (check one):

Subscriber     Member \_\_\_\_\_

### Agreement:

I certify that the information above is correct to the best of my knowledge. I am claiming reimbursement only for eligible expenses incurred during the applicable benefit year and for eligible members.

Subscriber's signature \_\_\_\_\_ Date \_\_\_\_\_

\* A benefit year is the 12-month period during which your annual health insurance plan design features such as deductibles and out-of-pocket maximums accumulate.

\*\* Reimbursement amounts may vary. Reimbursement is not available for camps that are not sports-dedicated, social clubs, transportation, greens fees, uniforms, meals, lodging, fitness clothing, vitamins, gift cards and donations.

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